

# 3<sup>rd</sup> Annual

5K and 1-Mile Fun Walk

## Christmas in Conyngham Classic

**Saturday, December 2, 2017 9:30AM start**

**Final Race of the 2017 Valley Running Club Festival of Races**

**Entry Fee: 5K** (all ages): \$20 if postmarked by 11/7 / \$25 after 11/7; **Fun Walk** (all ages): \$17 if postmarked by 11/7, / \$20 after 11/7.

**Race Goodies:** Participants who register before 11/7 are guaranteed to receive a race shirt at packet pick-up. Participants who register after 11/7 will NOT be guaranteed to receive a race shirt. Participants age 21+ can pick-up a free craft beer courtesy of Conyngham Brewing Company (adjacent to finish line) following the race. (Must show race bib AND age verification upon entering the brewery; CBC reserves the right to restrict certain beers from offer). Hot cocoa/candy canes served at award ceremony.

**Registration:** Online registration encouraged @ <http://christmasinconynghamclassic.weebly.com> OR Mail in reg. form to: ATTN: Christmas in Conyngham Classic, 215 Main Street P.O. Box 442 Conyngham, PA 18219. *Make checks payable to:* Conyngham Borough OR Race day registration at the C.V.C.O Recreation Center, Gould's Way, 311 Main St., Conyngham 8:00-9:00AM.

**More Information:** Start/Finish @ the C.V.C.O Rec. Center; Award ceremony to directly follow inside! Open road race. Scenic out & back wheel-measured race through historic Conyngham with hills, fluid station, expert timing, & traffic control. Parking available at C.V.C.O Rec. Center & Whispering Willows Park, adjacent. Car pool is encouraged! Wear your most festive holiday apparel as we help kick-off the Christmas in Conyngham celebration. Race proceeds will benefit the Conyngham Park & Recreation Fund. Snow Date: 12/3/17 9:30AM.

**5K Awards:** Overall male/female; Top 3 13/under, 14-16, 17-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+ Ashley Murphy, Race Director [alg20909@alumni.bloomu.edu](mailto:alg20909@alumni.bloomu.edu) Facebook- "Christmas in Conyngham Classic"

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Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Distance- circle one: 5K OR 1-MILE WALK

Email: \_\_\_\_\_ Age as of 12/2/17: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Unisex race tech shirt size- circle one: XS, S, M, L, XL, 2XL (NOT guaranteed AFTER 11/7)

Emergency Contact AND Phone Number: \_\_\_\_\_

If necessary, I hereby authorize the above---named runner to be treated by any qualified, licensed and medical personnel. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of weather, traffic conditions of the road, and such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release: The Conyngham Borough, it's elected/appointed officials, employees, contractors, and volunteers; Second Wave Timing; Conyngham Valley Civic Organization and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under 18 years of age, parent/guardian signature: \_\_\_\_\_